

UNIVERSAL DECLARATION OF HUMAN RIGHTS

STUDENT VERSION

- Article 1** All human beings are born equal in dignity and in rights.
- Article 2** These rights belong to everyone. You should never be discriminated against.
- Article 3** You have the right to life, liberty, and safety.
- Article 4** No one can hold you in slavery.
- Article 5** No one can torture you or treat you in a cruel or degrading way.
- Article 6** Everyone has rights, no matter where they are.
- Article 7** Laws should be applied the same way for everyone.
- Article 8** You have the right to seek justice and remedy (repair) if your rights are not respected.
- Article 9** You cannot be imprisoned or thrown out of a country without a good reason.
- Article 10** You have the right to a fair and public trial.
- Article 11** You have the right to be presumed innocent until proven guilty.
- Article 12** You have a right to privacy. No one can enter your home, read your mail, or bother you without good reason.
- Article 13** You have the right to move and travel within your country and internationally.
- Article 14** You have the right to seek protection from another country (asylum) if your country treats you poorly.
- Article 15** You have the right to be a citizen of a country (have a nationality).
- Article 16** Every consenting adult has the right to get married and have a family.
- Article 17** You have the right to own property.
- Article 18** You have the right to practice any religion.
- Article 19** You have the right to express your opinion.
- Article 20** You have the right to gather with others and protest publicly.
- Article 21** You have the right to participate in the government of your country (e.g. vote).
- Article 22** You have the right to have your basic needs met (e.g. through social security programs).
- Article 23** You have the right to work, to receive equal pay for equal work, and to join a union.
- Article 24** You have the right to rest from work.
- Article 25** You have the right to an adequate standard of living, including housing, food, and medical care.
- Article 26** You have the right to an education.
- Article 27** No one can stop you from participating in your community's cultural life.
- Article 28** Everyone must respect the social order that allows these rights to exist.
- Article 29** Everyone must respect the rights of others.
- Article 30** No one can take any of the rights in this declaration away from you.